

Category	Position	Num	Name	Club	Time
Senior Men	1st	443	Gary Thornton	GCH	30:34
Senior Men	2nd	444	Paul McNamara	Athenry AC	30:53
Senior Men	3rd	606	Michael O'Connor	GCH	31:45
Senior Men	4th	666	Jason Fahy	Olympic Harriers	33:34
Senior Men	5th	553	Jason Broderick	Loughrea AC	33:36
Men's Junior	1st	543	Seamus Gilhooley	Athenry AC	39:13
	2nd	603	Conor O'Rourke	Unattached	39:58
Men's V40	1st	541	Donnacha O'Mahony	East Cork AC	33:10
	2nd	583	Martin Corcoran	Loughrea AC	34:31
Men's V45	1st	454	Tom Meehan	Sligo AC	34:56
	2nd	579	Padraic Forde	CRH	37:23
Men's V50	1st	536	Mike Harvey	Kilmurray-Ibrickane AC	36:18
	2nd	453	Vincent Flannery	Sligo AC	37:55
Men's V55	1st	662	Martin McEvilly	GCH	37:20
Men's V60	1st	493	Martin Keane	GCH	51:17
Men's V65	1st	338	Roger Rushe	Tuam AC	44:33
Men's Team	1st	GCH		1,2,7,20	
Senior Women	1st	498	Lucy Brennan	Sligo AC	37:30
Senior Women	2nd	622	Fionnuala Keane	Loughrea AC	39:38
Senior Women	3rd	377	Josephine Gardiner	Mayo AC	39:53
Senior Women	4th	347	Michelle Lynch	GCH	42:26
Senior Women	5th	517	Claire Morrissey	Athenry	45:00
Women's Junior	1st	458	Nichola O'Ceallaigh	GCH	44:30
Women's V35	1st	348	Máire Tarpey	Arklow Meet & Train	48:04
Women's V40	1st	428	Jackie Prendergast	Unattached	48:24
Women's V45	1st	438	Bernie Kelly	GCH	44:20
Women's V50	1st	671	Andrea Ridge	Unattached	58:06
Women's Team	1st	GCH		67,88,91,144	

Other prizes:

Tranquility Health & Spa	Gary & Lucy Seamus & Nichola Donnacha & Bernie	Senior Man & Woman's winners Junior Man & Woman's winners Vet Man & Woman's winners
Connemarathon	Gary & Lucy Danny & Bernie	Senior Man & Woman's winners Stalwart Man & Woman's winners
Special	Willie Morris	